

Physical Education: Academic Courses (PHED)

PHED 300 Lifeguard Training

2.0 SH []

Following the American Red Cross program, this course is designed to provide entry-level lifeguard participants with the knowledge and skills to prevent, recognize and respond to aquatic emergencies and to provide care for a variety of emergency situations.

Prerequisite: 15 years of age and successful completion of a swimming skills test.

Corequisite: PE 061.

Fee=\$95.00.